



2014 NEW ZEALAND NATIONAL GYMSPORTS CHAMPIONSHIPS TIMETABLE MEN'S ARTISTIC GYMNASTICS

| | Session One | Session Two | Session Three | Session Four | Session Five |
|---|---|---|--|--|------------------------------|
| Monday 6th October | | | Training | Training | |
| Tuesday 7th October | Training | Training Managers Meeting 1:30 – 2:30 | Training | Opening Ceremony 6:00 – 7:00 | |
| Wednesday 8th October | | | | Training 6:00 – 8:00 | |
| Thursday 9th October | MAG Level 4 Team and Apparatus Stretch 8:00 – 8:20 Compete 8:35 – 11:05 | MAG Level 5 & 6 Team and Apparatus Stretch 11:50 – 12:10 Compete 12:25 – 3:25 | MAG Level 8 Team & AA Stretch 3:20 – 3:40 App. Warm up 3:40 – 4:40 Compete 4:55 – 7:25 | Training (Level 9 & U18) 7:30 – 9:30 | |
| Friday 10th October | MAG Level 5 & 6 AA Final Stretch 7:00 – 7:20 Compete 7:30 – 10:30 | MAG Level 7 Team & AA Stretch 10:20 – 10:40 App. Warm up 10:40 – 11:40 Compete 11:55 – 2:55 | MAG Level 4 AA Final Stretch 3:15 – 3:35 Compete 3:45 – 5:45 | MAG Level 9 & U18 Team & AA Stretch 5:30 – 5:50 App. Warm up 5:50 – 6:50 Compete 7:05 – 9:05 | |
| Saturday 11th October | MAG Level 7, 8 & 9 Apparatus Finals Stretch 7:00 – 7:20 App. Warm up 7:20 – 8:20 Compete 8:30 – 11:00 | MAG U18 Apparatus Finals Stretch 10:40 – 11:00 App. Warm up 11:00 – 12:00 Compete 12:15 – 1:45 | MAG Forum 2:30 – 3:30 | Closing Ceremony 4.00-6.00pm | After Party 7.00pm |