



## 2014 NEW ZEALAND NATIONAL GYMSPORTS CHAMPIONSHIPS TIMETABLE WOMEN'S ARTISTIC GYMNASTICS

	Session One	Session Two	Session Three	Session Four	Session Five
<b>Monday 6<sup>th</sup> October</b>		<b>Training</b>	<b>Training</b>	<b>Training</b>	
<b>Tuesday 7<sup>th</sup> October</b>	<b>Training</b>	<b>Training</b> <b>Managers Meeting</b> 1:30 – 2:30	<b>Training</b>	<b>Opening Ceremony</b> 6:00 – 7:00	
<b>Wednesday 8<sup>th</sup> October</b>	<b>WAG STEP 5 Team &amp; Apparatus Group 1</b> Stretch 8:00 – 8:20 Compete 8:35 – 10:15	<b>WAG STEP 5 Team &amp; Apparatus Group 2</b> Stretch 10:15 – 10:35 Compete 10:50 – 12:30	<b>WAG STEP 6 Team &amp; Apparatus Group 1</b> Stretch 1:00 – 1:20 Compete 1:35 – 3:15	<b>WAG STEP 6 Team &amp; Apparatus Group 2</b> Stretch 3:15 – 3:35 Compete 3:50 – 5:30	<b>WAG Forum</b> 6:00 – 7:00  <b>Training</b> 6:00 – 8:00
<b>Thursday 9<sup>th</sup> October</b>	<b>WAG STEP 8 &amp; IDP 5 Team &amp; AA</b> Stretch 7:00 – 7:20 App. Warm up 7:20 – 8:20 Compete 8:35 – 10:55	<b>WAG STEP 9 &amp; 10, IDP 6 Team &amp; AA</b> Stretch 10:50 – 11:10 App. Warm up 11:10 – 12:10 Compete 12:25 – 3:05	<b>WAG STEP 7 Team &amp; AA</b> Stretch 2:55 – 3:25 App. Warm up 3:25 – 4:40 Compete 4:55 – 8:40		<b>Training</b> <b>IDP 10, JI &amp; SI</b> 8:40 – 9:30
<b>Friday 10<sup>th</sup> October</b>	<b>WAG STEP 5 AA Final</b> Stretch 7:00 – 7:20 Compete 7:30 – 9:10	<b>WAG IDP 5 &amp; 6 Apparatus Finals</b> Stretch 10:20 – 10:40 App. Warm up 10:40 – 11:40 Compete 11:55 – 1:55	<b>WAG STEP 6 AA Final</b> Stretch 3:15 – 3:35 Compete 3:45 – 5:45	<b>WAG IDP 10, JI &amp; SI Team &amp; AA</b> Stretch 5:30 – 5:50 App. Warm up 5:50 – 6:50 Compete 7:05 – 9:25	
<b>Saturday 11<sup>th</sup> October</b>	<b>WAG STEP 7 &amp; 8 Apparatus Finals</b> Stretch 7:00 – 7:20 App. Warm up 7:20 – 8:20 Compete 8:30 – 10:50	<b>WAG STEP 9 &amp; 10, IDP 10, JI &amp; SI Apparatus Finals</b> Stretch 10:40 – 11:00 App. Warm up 11:00 – 12:00 Compete 12:15 – 3:00		<b>Closing Ceremony</b> 4.00-6.00pm	<b>After Party</b> 7.00pm