

CANTERBURY INTERMEDIATE AND SENIOR CHAMPIONSHIPS 2015

SATURDAY AUGUST 8th

SESSION	STRETCH	WARM UP	MARSHAL	COMPETE	WAG	MAG
1	10.50am	11.05pm	12.05am	12.10pm	Senior Int'l, SJE, S10	Senior Open, U18, Lvl 9
2	2.05pm		2.35pm	2.45pm	Step 5	Level 5 & 6
3	3.40pm	3.50pm	4.40pm	4.45pm	Step 7	Level 7 & 8
	4.05pm		4.35pm	4.45pm	Gymsports Elite	

SUNDAY AUGUST 9th

SESSION	STRETCH	WARM UP	MARSHAL	COMPETE	WAG	MAG
4	8.05am		8.20am	8.30am	Gymsports Iron	Level 4
5	9.45am	10.00am	10.55am	11.00am	Senior Int'l,	
	9.45am	10.00am	10.55am	11.00am	Step 8, 9	
	10.35am		10.55am	11.00am	Gymsports Silver	
6	12.15pm		12.55pm	1.00pm	Step 6	
	12.30pm		12.55pm	1.00pm	Gymsports Gold	
7	2.20pm		2.50pm	3.00pm	JnrHP	
	2.20pm		2.50pm	3.00pm	IL4	
	2.30pm		2.50pm	3.00pm	Gymsports Bronze	