



Junior WAG Holiday Training Schedule

Week One (10 th -15 th July)						
Squad/Coach	Monday 10 th July	Tuesday 11 th July	Wednesday 12 th July	Thursday 13 th July	Friday 14 th July	Saturday 15 th July
STEP 2-3 Nat @CSG West	3:00-5:00pm			3:00-7:00pm		
STEP 3-RH 4 Nat @ CSG West		3:00-7:00pm	3:00-5:00pm		3:00-6:00pm tbc:w Nat re TOTS	1:30-4:30pm If not at TOTS
Pre Comp Tracey			3:00-6:00pm Clinic @ CSG West			
Pre Comp Ashlea						
Pre Comp Tara						
STEP 2 Millie		12:00-3:00pm		12:00-3:00pm	1:00-4:00pm Extension session (with Tara)	
STEP 2 Tara		12:00-3:00pm		12:00-3:00pm		
STEP 3 Tracey		12:00-3:00pm		12:00-3:00pm		
STEP 4 Kelsey	4:30-7:30pm		12:00-3:00pm		No training travel to TOTS	1:30-4:30pm If not at TOTS
RH 4 Catrina		3:00-6:00pm		3:00-6:00pm		



Junior WAG Holiday Training Schedule

Week Two (17 th -22 nd July)						
Squad/Coach	Monday 17 th July	Tuesday 18 th July	Wednesday 19 th July	Thursday 20 th July	Friday 21 st July	Saturday 22 nd July
STEP 2-3 Nat @CSG West	9:00-12:00pm		8:00-11:00am			
STEP 3-RH 4 Nat @ CSG West		9:00-12:00pm		8:00-11:00am		1:30-4:30pm
PreComp Tracey			3:00-6:00pm Clinic @ CSG West			11:00-1:00pm Clinic @ CSG QEII
Pre Comp Ashlea						
Pre Comp Tara						
STEP 2 Millie		3:30-6:30pm		3:30-6:30pm	1:00-4:00pm Extension session (with Tara)	
STEP 2 Tara		3:30-6:30pm		3:30-6:30pm		
STEP 3 Tracey		3:30-6:30pm		1:00-4:00pm		
STEP 4 Kelsey	4:30-7:30pm		4:30-7:30pm		4:30-7:30pm	1:30-4:30pm
RH 4 Catrina		4:30-7:30pm		4:30-7:30pm		