

September holiday training

		Snr-T	Int-A	Jnr-B L3	Jnr-W	JnrB L1	iMAG	
Saturday	24	9-1:00 (canty)	1:30-5:00 (canty)			9-11:00	1.30-4.30 (IA)	Saturday
Sunday	25							Sunday
Monday	26	5:30-8:30	3:30-6:30	3:30-6:30		12-3:00		Monday
Tuesday	27	8-11:00	12:00-3:00		3:30-6:30			Tuesday
Wednesday	28	9-12:00 (Will)	9-12:00 (Will)	9-12:00 (Will)				Wednesday
Thursday	29	3:30-6:30 (Will)			3:30-6:30		5.00-7.00 (IA)	Thursday
Friday	30	3:30-6:30 (Will)	3:30-6:30 (Will)	3:30-6:30 (Will)				Friday
Saturday	1				1.30-4.30 (QEII)	1.30-4.30 (QEII)	1.30-4.30 (QEII)	Saturday
Sunday	2							Sunday
Monday	3	Hols	Hols	Hols	Hols	Hols	Hols	Monday
Tuesday	4	***	***	***	***	***	***	Tuesday
Wednesday	5	***	***	***	***	***	***	Wednesday
Thursday	6	***	***	***	***	***	***	Thursday
Friday	7	***	***	***	***	***	***	Friday
Saturday	8	***	***	***	***	***	***	Saturday
Sunday	9	***	***	***	***	***	***	Sunday
Monday	10th	Start Term 4	Start Term 4	Start Term 4	Start Term 4	Start Term 4	Start Term 4	
		Max	Sean	Harrison Reid	Solomon Messerly	Alex Mitchell	All Here	
		Matthew		Oliver Gormack	Mason Whitta	Thomas Hunter	2	
				Gethin Blair	Noah Reynolds	Segun Fasheun	3	
				Alistair Gorton	Alex Gibson	Archie Cleghorn	4	
					Joel Williams	Lewis Cleghorn	5	
		JW (leaves Thurs)	Emile (leaves Thurs)				6	
			Landon (mon)	Christophe (mon)	Keegan (mon)	Brayden (mon)		

Notes

Canty and CSG gymnasts  
Canty boys light stretch, cond and basics

Will and Pete to share 3 squads (max 16 gymnasts)