

SESSION TWO

<p>WAG Step 5 (34) – 4 Groups</p>	<p>MAG Levels 3 (11) and 4 (7)</p>
<p>Saturday Marshall/Stretch Warm-up 10.00 am Move to 1st apparatus 10.20 am Compete 10.30 am</p>	<p>Saturday Marshall/Stretch Warm-up 10.00 am Move to 1st apparatus 10.20 am Compete 10.30 am</p>
<p>Group 1 – Vault (WAG), Bars (Gymnova), Beam (Gymnova), Floor (full) Group 2 – Bars (Gymnova), Beam (Gymnova), Floor (full), Vault (WAG) Group 3 – Beam (Gymnova), Floor (full), Vault (WAG), Bars (Gymnova) Group 4 – Floor (full), Vault (WAG), Bars (Gymnova), Beam (Gymnova)</p>	<p>Group 1 Level 3 – P bar, Vault, Pommels, Floor, Rings, H Bar Group 2 Level 3 – Vault, P Bar, Floor, Pommels, H Bar, Rings Group 3 Level 4 – Rings, Pommels, P Bar, H Bar, Floor, Vault</p>
<p>Judges Control Judge – Avril Enslow Vault – Michelle Bow, Rachel Gordon Bar – Michele Hawke, Nyssa Winchester Beam – Debbie Elliott, Erin Day Floor – Michelle Woolf, Fran Raine</p>	<p>Judges Control Judge – Mike Bishop Level 3 P bars/Pommels/Rings – Nigel Price, Margot Hall Vault/Floor/H Bar – Jacqui Nokes, Kat Dorrance Level 4 All Apparatus – Matt Palmer, Cameron Beeton</p>
<p>Recorders 4 needed Scorecard Holders 4 needed</p>	<p>Recorders 3 needed Scorecard Holders 3 needed</p>

SESSION FOUR

WAG Steps 7 (15) and 8 (9)	Iron (40)	Levels 7 (7) and 8 (9)
<p>Saturday</p> <p>Marshall/Stretch Warm-up 3.00 pm</p> <p>Move to 1st apparatus 3.20 pm</p> <p>Compete 4.20 pm</p>	<p>Saturday</p> <p>Marshall/General Warm-up 3.00 pm</p> <p>Move to 1st apparatus 3.20 pm</p> <p>Compete 3.30 pm</p>	<p>Saturday</p> <p>Marshall/Stretch Warm-up 3.00 pm</p> <p>Move to 1st apparatus 3.20 pm</p> <p>Compete 4.20 pm</p>
<p>Step 7</p> <p>Group 1 W/Up – Floor, Vault, Bars, Beam Comp – Beam, Floor, Vault, Bar</p> <p>Group 2 W/Up – Beam, Floor, Vault, Bars Comp – Floor, Beam, Bars, Vault</p> <p>Step 8</p> <p>Group 3 W/Up – Bars, Beam, Floor, Vault Comp – Vault (WAG), Bar (Gymnova), Beam (Gymnova), Floor (full)</p>	<p>Group 1 – Vault (Alternative), Bars (Acromat, Beam (Acromat, Floor Strip, Rest</p> <p>Group 2 – Bars, Beam, Floor, Rest, Vault</p> <p>Group 3 – Beam , Floor, Rest, Vault, Bars</p> <p>Group 4 – Floor, Rest, Vault, Bars, Beam</p> <p>Group 5 – Rest, Vault, Bars, Beam, Floor</p>	<p>Level 7</p> <p>W/Up - Vault, P Bar, H Bar, Floor, Pommels, Rings</p> <p>Comp - Rings, Vault, P Bar, H Bar, Floor, Pommels</p> <p>Level 8</p> <p>W/Up - Rings, Vault, P Bar, H Bar, Floor, Pommels</p> <p>Comp - Pommels, Rings, Vault, P Bars, H Bar, Floor</p>
<p>Judges</p> <p>Step 7</p> <p>Vault/Beam – Michele Hawke, Debbie Elliott, Tony Quirk</p> <p>Bars/Floor – Michelle Woolf, Erin Day, Fran Raine</p> <p>Step 8</p> <p>All Apparatus – Avril Enslow, Tracy Sharp, Nyssa Winchester</p>	<p>Judges</p> <p>Vault – Greg Pask</p> <p>Bars – Scott Cowlishaw</p> <p>Beam – Pip Smith</p> <p>Floor – Rachel Gordon</p>	<p>Judges</p> <p>Level 7 – All Apparatus – Mike Bishop, Stuart Albrey, Jacqui Nokes</p> <p>Level 8 – All Apparatus – Ken Bow, Matt Palmer, Nigel Price</p>
<p>Recorders 2 needed</p> <p>Scorecard Holders 3 needed</p>	<p>Scorecard Holders 4 needed</p> <p>Recorders 4 needed</p>	<p>Recorders 3 needed</p> <p>Scorecard Holders 3 needed</p>

SESSION FIVE

WAG Steps 9 (6), 10 (11) and JI (3)	Silver (51)	MAG Levels 9 (2), U18 (2), Open (6), JI (3) and SI (3)
<p>Saturday</p> <p>Marshall/Stretch Warm-up 5.40 pm</p> <p>Move to 1st apparatus 6.00 pm</p> <p>Compete 7.00 pm</p>	<p>Saturday</p> <p>Marshall/General Warm-up 5.00 pm</p> <p>Move to 1st apparatus 5.20 pm</p> <p>Compete 5.20 pm</p>	<p>Saturday</p> <p>Marshall/Stretch Warm-up 5.40 pm</p> <p>Move to 1st apparatus 6.00 pm</p> <p>Compete 7.00 pm</p>
<p>Step 9 Group 1 W/Up – Floor (full), Vault (WAG), Bar (Gymnova), Beam (Gymnova) Comp – Beam, Floor, Vault, Bar</p> <p>Step 10 and JI Group 2 W/Up – Bars (Gymnova), Beam (Gymnova), Floor (full), Vault (WAG) Comp – Vault, Bars, Beam, Floor</p>	<p>Group 1 – Vault (Alternative), Bars (Acromat, Beam (Acromat, Floor Strip, Rest</p> <p>Group 1 – Bars, Beam, Floor, Rest, Vault</p> <p>Group 3 – Beam , Floor, Rest, Vault, Bars</p> <p>Group 4 – Floor, Rest, Vault, Bars, Beam</p> <p>Group 5 – Rest, Vault, Bars, Beam, Floor</p>	<p>Group 1 – Level 9 (2), U18 (2) and JI (3) W/up – Vault, P Bars, H Bar, Floor, Pommels, Rings Comp – Rings, Vault, P Bars, H Bar, Floor, Pommels</p> <p>Group 2 – Open (6) and SI (3) W/Up – P Bars, H Bar, Floor, Pommels, Rings, Vault Comp – Vault, P Bars, H Bar, Floor, Pommels, Rings</p>
<p>Judges</p> <p>Step 8 – All Apparatus Nyssa Winchester, Michelle Bow, Debbie Elliott, Fran Raine</p> <p>Step 10 and JI – All apparatus Michelle Woolf, Avril Enslow, Michele Hawke, Erin Day</p>	<p>Judges</p> <p>Vault – Heather Cresswell</p> <p>Bar – Rachel Gordon</p> <p>Beam – Tony Quirk</p> <p>Floor – Lisa McInroe</p>	<p>Judges</p> <p>Level 9 and JI (which includes U18) – All Apparatus Gareth Brettell, Matt Palmer and Jacqui Nokes</p> <p>SI (which includes Open) – All Apparatus Ken Bow, Mike Bishop, Nigel Price, Stuart Albrey</p>
<p>Recorders 4 needed</p> <p>Scorecard Holders 2 needed</p>	<p>Scorecard Holders 4 needed</p> <p>Recorders 0 needed</p> <p>Ribbon Attachers 4 needed</p>	<p>Scorecard Holders 3 needed</p> <p>Recorders 3 needed</p>

SESSION SIX

WAG Step 4 U and O (42)	Boys' Recreational (3)
Sunday Marshall/Stretch Warm-up 8.00 am Move to 1 st apparatus 8.20 am Compete 8.30 am	Sunday Marshall/Stretch Warm-up 8.00 am Move to 1 st apparatus 8.20 am Compete 8.30 am
Group 1 – Vault, Bars, Beam, Floor, Rest Group 2 – Bars, Beam, Floor, Rest, Vault Group 3 – Beam, Floor, Rest, Vault, Bars Group 4 – Floor, Rest, Vault, Bars, Beam Group 5 – Rest, Vault, Bars, Beam, Floor	Group 1 – Vault, Bar, Rings, Floor Strip Group 2 – Bar, Vault, Floor Strip, Rings
Judges Control Judge – Michele Hawke/Avril Enslow Vault – Michelle Bow, Isabelle Cowlshaw Bars – Tracy Sharp, Fran Raine, Erin Day Beam – Debbie Elliott, Libby Dowse Floor – Michelle Woolf, Nyssa Winchester, Rachel Gordon	Judges Vault and Floor – Greg Pask Bar and Rings – Matt Palmer
Recorders 4 needed Scorecard Holders 4 needed	Scorecard Holders 2 needed Recorders None needed Ribbon Attachers 2 needed

SESSION SEVEN

WAG Step 2 (30)	MAG Apparatus Challenge
<p>Sunday</p> <p>Marshall/Stretch Warm-up 10.15 am</p> <p>Move to 1st apparatus 10.35 am</p> <p>Compete 10.45 am</p>	<p>Sunday</p> <p>Stretch/ Warm-up 10.00 am</p> <p>First Challenge Apparatus</p> <p>Floor 10.30 am</p>
<p>Group 1 – Vault, Bars, Beam, Floor Strip</p> <p>Group 2 – Bars, Beam, Floor Strip, Vault</p> <p>Group 3 – Beam, Floor Strip, Vault, Bars</p> <p>Group 4 – Floor Strip, Vault, Bars, Beam</p>	
<p>Judges</p> <p>Control Judge – Tracy Sharp</p> <p>Vault – Michelle Woolf, Erin Day</p> <p>Bar – Avril Enslow, Michelle Bow (Heather Bowers P)</p> <p>Beam – Fran Raine, Nyssa Winchester, Kelsey Smith</p> <p>Floor – Michele Hawke, Caity Shanks, Isabelle Cowlshaw</p>	<p>Judges</p> <p>To be finalised by Gareth</p>
<p>Recorders 4 needed</p> <p>Scorecard Holders 4 needed</p>	<p>Scorecard Holders None needed</p> <p>Recorders None needed</p>

SESSION EIGHT

WAG Step 3 (33)	Bronze (50)	MAG Apparatus Challenge
<p>Sunday</p> <p>Marshall/Stretch Warm-up 12.30 pm</p> <p>Move to 1st apparatus 12.50 pm</p> <p>Compete 1.00 pm</p>	<p>Sunday</p> <p>Marshall/General Warm-up 12.30 pm</p> <p>Move to 1st apparatus 12.50 pm</p> <p>Compete 1.00 pm</p>	<p>Continues</p>
<p>Group 1 – Vault (WAG), Bars (Gymnova), Beam (Gymnova), Floor (full)</p> <p>Group 2 – Bars, Beam, Floor, Vault</p> <p>Group 3 – Beam, Floor, Vault, Bars</p> <p>Group 4 – Floor, Vault, Bars, Beam</p>	<p>Group 1 – Vault (Alternative), Bars (Acromat), Beam (Acromat), Floor Strip, Rest</p> <p>Group 2 – Bars, Beam, Floor, Rest, Vault</p> <p>Group 3 – Beam, Floor, Rest, Vault, Bars</p> <p>Group 4 – Floor, Rest, Vault, Bars, Beam</p> <p>Group 5 – Rest, Vault, Bars, Beam, Floor</p>	
<p>Judges</p> <p>Control Judge –</p> <p>Vault – Michele Hawke, Michelle Bow, Kelsey Smith</p> <p>Bar – Nyssa Winchester, Tracy Sharp, Isabelle Cowlshaw</p> <p>Beam – Michelle Woolf, Fran Raine</p> <p>Floor – Avril Enslow, Debbie Elliott</p> <p>Not Erin Day or Libby Dowse (coaching)</p>	<p>Judges</p> <p>Vault – Pip Smith</p> <p>Bar – Rachel Gordon</p> <p>Beam – Heather Bowers</p> <p>Floor – Heather Cresswell</p>	
<p>Recorders 4 needed</p> <p>Scorecard Holders 4 needed</p>	<p>Recorders None needed</p> <p>Scorecard Holders 4 needed</p> <p>Ribbon Attachers 4 needed</p>	

SESSION NINE

<p>Gold (24)</p>	<p>Grade 2 (16)</p>
<p>Sunday</p> <p>Marshall/General Warm-up 2.30 pm</p> <p>Move to 1st apparatus 2.40 pm</p> <p>Compete 3.00 pm</p>	<p>Sunday</p> <p>Marshall/General Warm-up 2.30 pm</p> <p>Move to 1st apparatus 2.40 pm</p> <p>Compete 3.00 pm</p>
<p>Group 1 – Vault (WAG), Bars (Gymnova), Beam (Gymnova), Floor (full)</p> <p>Group 2 – Bars, Beam, Floor, Vault</p> <p>Group 3 – Beam, Floor, Vault, Bars</p> <p>Group 4 – Floor, Vault, Bars, Beam</p>	<p>Group 1 – Beam (Acromat), Floor Strip, Vault (Alternative), Bar (Acromat)</p> <p>Group 2 – Floor, Beam, Bar, Vault</p>
<p>Judges</p> <p>Vault – Heather Bowers</p> <p>Bar – Greg Pask</p> <p>Beam – Pip Smith</p> <p>Floor – Tony Quirk</p>	<p>Judges</p> <p>Vault/Beam – Milly Burfoot</p> <p>Bars/Floor – Clare Cusson</p>
<p>Scorecard Holders 4 needed</p> <p>Recorders None needed</p> <p>Ribbon Attachers 4 needed</p>	<p>Recorders None needed</p> <p>Scorecard Holders 2 needed</p> <p>Ribbon Attachers 2 needed</p>