

Marlborough Championships
 Saturday 25 and Sunday 26 June 2016 – Marlborough Lines Stadium 2000, Kinross Street, Blenheim

SESSION ONE

Step 1 (19) – 3 groups	Gold (6), Elite/Age Group (8)	Boys Rec (9)
Saturday Marshall/General Warm-up 7.45 am Move to 1 st apparatus 8.05 am Compete 8.15 am	Saturday Marshall/General Warm-up 7.45 am Move to 1 st apparatus 8.05 am Compete 8.15 am	Saturday Marshall/General Warm-up 7.45 am Move to 1 st apparatus 8.05 am Compete 8.15 am

SESSION TWO

Step 3 Unders (24)	Step 3 Overs (29)	MAG Levels 1 (4), 2 (11), 3 (16) – 2 Groups 1 – Level 1 and 2 (7) 2 – Level 2 (6) 3 – Level 3 4 – Level 3
Saturday Marshall/General Warm-up 10.00 am Move to 1 st apparatus 10.20 am Compete 10.30 am	Saturday Marshall/General Warm-up 10.00 am Move to 1 st apparatus 10.20 am Compete 10.30 am	Saturday Marshall/General Warm-up 10.00 am Move to 1 st apparatus 10.20 am Compete 10.30 am

SESSION THREE

Step 6 (24) - 4 Groups	Grade 1 (7) and Grade 2 (17)	MAG – Levels 4 (16), 5 (8), 6 (6)
Saturday Marshall/General Warm-up 12.15 pm Move to 1 st apparatus 12.35 pm Compete 12.45 pm	Saturday Marshall/General Warm-up 12.15 pm Move to 1 st apparatus 12.30 pm Compete 12.25 pm	Saturday Marshall/General Warm-up 12.15 pm Move to 1 st apparatus 12.35 pm Compete 12.45 pm

SESSION FOUR

Step 7 (14)	Gym Fun (6)	MAG – Level 7 (9), Level 8 (8)
Saturday	Saturday	Saturday
Marshall/General Warm-up 3.10 pm	Marshall/General Warm-up 3.10 pm	Marshall/General Warm-up 3.10 pm
Move to 1 st apparatus 3.30 pm	Move to 1 st apparatus 3.20 pm	Move to 1 st apparatus 3.30 pm
Compete 4.10 pm	Compete 3.25 pm	Compete 4.10 pm

SESSION FIVE

Steps 8 (11), 9 (3), 10 (2), SJI (2)	Silver (26)	MAG U18 (3) and SI (3)
Saturday	Saturday	Saturday
Marshall/General Warm-up 5.20 pm	Marshall/General Warm-up 5.20 pm	Marshall/General Warm-up 5.10 pm
Move to 1 st apparatus 5.40 pm	Move to 1 st apparatus 5.30 pm	Move to 1 st apparatus 5.30 pm
Compete 6.30 pm	Compete 5.40 pm	Compete 6.30 pm

SESSION SIX

Step 5 (39)	Iron (37)
Sunday	Sunday
Marshall/General Warm-up 8.00 am	Marshall/General Warm-up 8.00 am
Move to 1 st apparatus 8.20 am	Move to 1 st apparatus 8.20 am
Compete 8.30 am	Compete 8.30 am

SESSION SEVEN

Step 4 (26) Unders	Step 4 (28) Overs	MAG Apparatus
Sunday	Sunday	Sunday
Marshall/General Warm-up 10.00 am	Marshall/General Warm-up	Stretch/ Warm-up 10.00 am
Move to 1 st apparatus 10.20 am	Move to 1 st apparatus	
Compete 10.30 am	Compete	Compete

SESSION EIGHT

Step 2 (27) Unders	Step 2 (22) Overs	MAG Apparatus Challenge
Sunday Marshall/General Warm-up 12.30 pm Move to 1 st apparatus 12.50 pm Compete 1.00 pm	Sunday Marshall/General Warm-up Move to 1 st apparatus Compete	Continues

SESSION NINE

Bronze (34)	MAG Apparatus
Sunday Marshall/General Warm-up 2.30 pm Move to 1 st apparatus 2.40 pm Compete 2.50 pm	