

Olympia Recreation Competition

Held at Olympia Gymnasium

cnr Springs Rd & Corsair Dr, Christchurch

Sunday 30 October 2016



IRON

8.30am	Doors Open
8.45am	Stretch
9.00am	Competition Begins
10.15am	Competition Finishes

SILVER,GOLD,ELITE

10.15am	Stretch
10.30am	Competition Begins
11.45am	Competition Finishes

GYM FUN, GRADE 1,GRADE 2

12.00pm	Stretch
12.15pm	Competition Begins
1.30pm	Competition Finishes

BRONZE

1.30pm	Stretch
1.45pm	Competition Begins
3.00pm	Competition Finishes

Prizegiving will be held ASAP after conclusion of each session