

QB Christchurch Timetable

TIMETABLE FINAL

Saturday			WAG	MAG
Session 1	Stretch/Warmup	10.30am	Step 4	
	Marshal	10.50am		
	Compete	11.00am		
Session 2	Stretch/Warmup	12.25pm	Step 5	Level 2
	Marshal	1.00pm		
	Compete	1.10pm		
Session 3	Stretch	2.00pm	Step 7, IL4	Level 7, 8, U 18, Open
	Open Warm up	2.15pm		
	Marshal	2.55pm		
	Compete	3.00pm		
Session 4	Stretch	4.10pm	Step 3	
	Marshal	4.35pm		
	Compete	4.45pm		
Sunday				
Session 5	Stretch	7.30am	Step 6	Level 4,5
	Open Warm up	7.40pm		
	Marshal	8.20pm		
	Compete	8.30pm		
Session 6	Stretch	10.00am	Step 8,9,10,SJE	
	Warm Up	10.10am	Jnr HP	
	Stretch	10.30am		Level 1
	Marshal	10.50am		
	Compete	11.00am		
Session 7	Stretch	1.30pm	Step 1	Level 3
	Marshal	1.50pm		
	Compete	2.00pm		
Session 8	Stretch	4.00pm	Step 2	
	Marshal	4.20pm		
	Compete	4.30pm		