

QUEENS BIRTHDAY COMPETITION 31ST MAY & 1ST JUNE 2014

TIMETABLE

Saturday			WAG	MAG	
Session 1	Stretch	10.35am	Step 6, IDP 3,5	11.35am	Level 1
	Open Warm up	10.50am			
	Marshal	11.50am		11.50am	
	Compete	12noon		12noon	
Session 2	Stretch	12.50pm	Step 5		Level 4,5,6
	Open Warm up	1.05pm			
	Marshal	2.05pm			
	Compete	2.15pm			
Session 3	Stretch	3.00pm	Step 8,9,10. IDP 6,10	4.05pm	Level 3
	Open Warm up	3.20pm			
	Marshal	4.20pm		4.20pm	
	Compete	4.30pm		4.30pm	
Session 4	Stretch	5.00pm	Step 7		Snr MAG
	Open Warm up	5.20pm			
	Marshal	6.20pm			
	Compete	6.30pm			
Sunday					
Session 5	Stretch	7.45am	Step 2		AEROBICS
	Marshal	8.05am			
	Compete	8.15am			
Session 6	Stretch	10.45am	Step 1		
	Marshal	11.05am			
	Compete	11.15am			
Session 7	Stretch	12.20pm	Step 4 IDP 1		
	Marshal	12.50pm			
	Compete	1.00pm			
Session 8	Stretch	3.00pm	Step 3 IDP 2		Level 2
	Marshal	3.35pm			
	Compete	3.45pm			