



TIMETABLE: SAT 11TH MARCH

Warm up start 8.00am, competition start 10.00am One event at a time.

SESSION ONE:

10.00. Women's DMT, Flight 1 Youth & Sub Junior (11)

Flight 2 Junior & Senior (10)

Finals will immediately follow preliminaries

11.00. Men's Trampoline, Flight 1 Youth & Sub Junior (9) Set and Vol.

Flight 2 Junior (11) Set and Vol.

Flight 3 Youth & Sub Junior Finals

Flight 4 Junior Finals

12.30pm Lunch and General warm up

SESSION TWO:

1.10. Women's Trampoline, Flight 1 Senior & Youth (13) Set and Vol.

Flight 2 Junior (10) Set and Vol.

Flight 3 Sub Junior (9) Set and Vol.

Flight 4 Finals Youth & Junior

Flight 5 Finals Sub Junior & Senior

3.00. Men's DMT, Flight 1 Youth & Sub Junior (7)

Flight 2 Junior & Senior (10)

Finals will immediately follow preliminaries

SESSION THREE:

4.00. International Syncro, Flight 1 Youth Women, Sub Junior Men and Women. (8)

Flight 2 Junior Men and Women, Senior Women. (14)

Prizegiving Approx 5.30pm

We do reserve the right to run up to 1 hour early (I wish)