

**Top of the South Gymnastics Competition Timetable**  
**Trafalgar Centre, Para Para Road, Nelson**  
**Friday 14 July - Sunday 16 July 2017**

Friday 14th July Session One		
<b>WAG Step 2</b>	<b>Gold, Elite &amp; Age Group</b>	<b>MAG Levels 1 &amp; 2</b>
Stretch: 3.00pm	Stretch: 3.00pm	Stretch: 3.00pm
Compete: 3.30pm	Compete: 3.30pm	Compete: 3.30pm
Friday 14th July Session Two		
<b>WAG Step 1</b>	<b>WAG Steps 8, 10, Sub Jun, J1, SI</b>	
Stretch: 5.15pm	Stretch/Warm-up: 4.15pm	
Compete: 5.45pm	Compete: 5.45pm	
Saturday 15th July Session Three		
<b>GymFun, Grade 1 &amp; 2</b>	<b>WAG Step 5</b>	<b>MAG Levels 7,8, &amp; U18 &amp; SI</b>
Stretch: 7.45am	Stretch: 7.45am	Stretch/Warm-up: 7.45am
Compete: 8.15am	Compete: 8.15am	Compete: 9.15pm
Saturday 15th July Session Four		
	<b>WAG Steps 7 &amp; 9</b>	<b>MAG Level 3</b>
	Stretch/Warm-up: 10.45am	Stretch: 11.15am
	Compete: 12.15pm	Compete: 11.45am
Saturday 15th July Session Five		
<b>WAG Step 3</b>	<b>WAG Step 6</b>	
Stretch: 2.15pm	Stretch: 2.30pm	
Compete: 2.45pm	Compete: 3.00pm	
Saturday 15th July Session Six		
<b>Bronze</b>	<b>WAG Steps 8,10, Sub Jun, J1 &amp; SI</b>	<b>MAG Level 4 &amp; 5</b>
Stretch: 5.15pm	Stretch/warm-up: 4.45pm	Stretch: 5.15pm
Compete: 5.45pm	Compete: 6.15pm	Compete: 5.45pm
Sunday 16th July Session Seven		
<b>Iron</b>	<b>WAG Step 5 &amp; 6 Finals</b>	<b>MAG Levels 7, 8 &amp; U18 &amp; SI</b>
Stretch: 7.45am	Stretch: 7.45am	Stretch/Warm-up: 7.45am
Compete: 8.10am	Compete: 8.10am	Compete: 9.15am
Sunday 16th July Session Eight		
<b>Silver</b>	<b>WAG Steps 7 &amp; 9</b>	<b>MAG Levels 4 &amp; 5</b>
Stretch: 10.05am	Stretch/Warm-up: 10.05am	Stretch: 11.20am
Compete: 10.35am	Compete: 11.30am	Compete: 11.45am
Sunday 16th July Session Nine		
	<b>WAG Step 4</b>	
	Stretch: 1.30pm	
	Compete: 2.00pm	

Top of the South Gymnastics Competition is a two-day competition for MAG Levels 4, 5, & Seniors and for WAG Seniors. In Steps 5 & 6 the top 10 from each division in Steps 5 & 6 will compete a second day.

Top of the South Gymnastics Competition reserves the right to move the competition forward by 30 minutes but NOT the first sessions of each day. Doors will open 20 minutes before the start of the first session each day.